

WEEK 1 MENU

W/C: 15/04, 06/05, 17/06, 08/07, 09/09, 30/09, 21/10

CHOICE *One*

CHOICE *Two*

GRAB & GO *options*

MON	Classic New Yorker Hot Dog Served with Wedges and Slaw		Potato and Lentil Curry Served with Wholegrain Rice
	TUE	Cottage Pie Served with Fresh Vegetables	Veggie Sausages Served with Mashed Potato and Gravy
WED		Roast Chicken Served with Roast Potatoes, Vegetables and Gravy	Cheese & Onion Pasty Served with Roast Potatoes and Vegetables
	THUR	Chicken and Broccoli Pasta Bake Served with Fresh Vegetables	Chilli No Carne Served with Crispy Tortilla and Wholegrain Rice
FRI		FRIDAY FAVOURITES	
	Fish Fingers Served with Chips, Baked Beans and Peas	Quorn Sausage Roll Served with Chips, Baked Beans and Peas	

HOT DISHES:

Paninis
Pasta and Sauces
Freshly Baked Pizza
Soup and Bread
Jacket Potato and Toppings

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad
Roasted Indian Chickpea Salad

SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich
Chicken Salad Sandwich
Cheese Baguette
Tuna Mayo Baguette
BLT Baguette

WRAPS:

Pepper and Houmous Wrap
BBQ Chicken Wrap
Chicken Caesar Wrap

WEEK 2 MENU

W/C: 22/04, 13/05, 03/06, 24/06, 15/07, 16/09, 07/10

CHOICE *One*

CHOICE *Two*

GRAB & GO *options*

MON	Sausage and Mash Served with Vegetables and Gravy		Sweet Potato Curry    Served with Wholegrain Rice	
	TUE	Beef Bolognese   Served with Wholewheat Pasta		Veggie Burrito    Served with Fresh Vegetables
WED		Roast Pork Served with Roast Potatoes, Vegetables and Gravy		Quorn Roast  Served with Roast Potatoes, Vegetables and Gravy
	THUR	Butter Chicken Curry   Served with Wholegrain Rice		Macaroni Cheese  Served with Fresh Vegetables
FRI		FRIDAY FAVOURITES		FRIDAY FAVOURITES
	Fish Fingers Served with Chips, Baked Beans and Peas		Cheese and Onion Pasty  Served with Chips, Baked Beans and Peas	


HOT DISHES:

Paninis
Pasta and Sauces
Freshly Baked Pizza
Soup and Bread
Jacket Potato and Toppings

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad  
Roasted Indian Chickpea Salad  

SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich
Chicken Salad Sandwich
Cheese Baguette 
Tuna Mayo Baguette
BLT Baguette

WRAPS:

Pepper and Houmous Wrap  
BBQ Chicken Wrap 
Chicken Caesar Wrap 

WEEK 3 MENU

W/C: 29/04 , 20/05 , 10/06 , 01/07 , 22/07 , 02/09 , 23/09 , 14/10

CHOICE *One*

CHOICE *Two*

GRAB & GO *options*

MON	Tomato and Herb Lentil Pasta    Served with Fresh Vegetables	Tropical Sunshine Hot Dog   Served with Chipotle Wedges and American Slaw
	Pork Sausages Served with Mashed Potato and Gravy	Sweet and Sour Vegetables    Served with Wholegrain Rice
TUE	Roast Chicken  Served with Roast Potatoes, Vegetables and Gravy	Roast Veggie Balls  Served with Roast Potatoes, Vegetables and Gravy
	Beef Bolognese   Served with Wholewheat Pasta	Vegetable Spanish Rice  
WED	FRIDAY FAVOURITES	
	Fish Fingers Served with Chips, Baked Beans and Peas	Vegetable Fajita   Served with Chips, Baked Beans and Peas
THUR	FRIDAY FAVOURITES	


HOT DISHES:

Paninis
Pasta and Sauces
Freshly Baked Pizza
Soup and Bread
Jacket Potato and Toppings

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad  
Roasted Indian Chickpea Salad  

SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich
Chicken Salad Sandwich
Cheese Baguette 
Tuna Mayo Baguette
BLT Baguette

WRAPS:

Pepper and Houmous Wrap  
BBQ Chicken Wrap 
Chicken Caesar Wrap 