



# Cavendish Primary Menu

## Week 1

Reception and Key Stage 1 meals are free.

Key Stage 2 meals cost £2.42.

Week commencing 12/9/22, 3/10/22

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	<b>Veggie Burrito</b> A soft wrap filled with lightly spiced veggies and rice	<b>Chicken Pie</b> A traditional chicken pie with mash potato	<b>Roast Turkey</b> Roast turkey with fluffy roasties and gravy	<b>Cottage Pie</b> A classic cottage pie with veg and gravy	<b>Golden Fish Fingers</b> Crispy fish fingers with scrummy chips
Vegetarian	<b>Cheese and tomato pizza</b> Cheesy topped pizza slice topped with sweetcorn and peppers	<b>Macaroni Cheese</b> Cheesy macaroni Pasta	<b>Sweet Potato and Chickpea Roast</b> A chunky sweet potato and chickpea roast.	<b>Butternut squash and tomato bake</b> A butternut squash and tomato bake served with rice	<b>Meat-Free Nuggets</b> Crispy Quorn nuggets served with chips
Jacket Potato	<b>Choice of beans, cheese or cheese and beans filling</b>	<b>Choice of beans, cheese or cheese and beans filling</b>	<b>Choice of beans, cheese or cheese and beans filling</b>	<b>Choice of beans, cheese or cheese and beans filling</b>	<b>Choice of beans, cheese or cheese and beans filling</b>
Vegetables	<b>Green beans and sweetcorn</b>	<b>Carrots and Peas</b>	<b>Carrots and cabbage</b>	<b>Broccoli and sweetcorn</b>	<b>Baked beans and peas</b>
Desserts	<b>Raspberry ripple ice cream</b>	<b>Brownie</b>	<b>Shortbread biscuit</b>	<b>Lemon drizzle cake</b>	<b>Orange sultana and carrot slice</b>



# Cavendish Primary Menu

## Week 2

Reception and Key Stage 1 meals are free.

Key Stage 2 meals cost £2.42.

Week commencing 19/9/22, 10/10/22

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	<b>Mild bean chilli</b> A tasty bean vegetable and tomato chilli served with rice	<b>Pork Sausage and mash</b> Sausage and mash with rich gravy	<b>Roast chicken</b> Succulent roast chicken with fluffy roasties and gravy	<b>Beef Bolognaise</b> A classic Italian beef bolognaise in a yummy tomato sauce	<b>Battered fish</b> Crispy fish fingers with scrummy chips
Vegetarian	<b>Veggie supreme pizza</b> Cheesy tomato pizza slices topped with sweetcorn and peppers served with potato wedges	<b>Veggie Lasagne with a garlic and herb bread wedge</b> Delicious sheets of pasta layered with veggies and tomato sauce	<b>Creamy vegetable pie</b> served with a cheesy shortcrust topper alongside roast potatoes and gravy	<b>Mild chickpea and potato curry</b> Served with wholemeal rice	<b>Tomato veggie burger</b> A scrummy tomato veggie burger in a soft bap with chips
Jacket Potato	<b>Choice of beans, cheese or cheese and beans filling</b>	<b>Choice of beans, cheese or cheese and beans filling</b>	<b>Choice of beans, cheese or cheese and beans filling</b>	<b>Choice of beans, cheese or cheese and beans filling</b>	<b>Choice of beans, cheese or cheese and beans filling</b>
Vegetables	<b>Carrots and peas</b>	<b>Sweetcorn and cabbage</b>	<b>Carrots and cabbage</b>	<b>Green beans and sweetcorn</b>	<b>Baked beans and peas</b>
Desserts	<b>Flapjack</b>	<b>Peach shortbread pudding</b>	<b>Raspberry ripple ice cream</b>	<b>Carrot cake with citrus frosting</b>	<b>Chocolate shortbread</b>



# Cavendish Primary Menu

## Week 3

Reception and Key Stage 1 meals are free.

Key Stage 2 meals cost £2.42.

Week commencing 5/9/22, 26/9/22, 17/10/22

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	<b>Veggie pasta bolognaise</b>  Penne pasta in a yummy tomato sauce	<b>Sweet and Sour Chicken</b>  A tasty sweet and sour dish served with rice	<b>Roast gammon</b>  Tender roast gammon with fluffy roasties and gravy	<b>Beef Burrito</b>  A soft wrap filled with fresh beef and rice	<b>Golden fish fingers</b>  Crispy fish fingers with scrummy chips
Vegetarian	<b>Cheese and tomato pizza</b>  Cheesy tomato topped pizza slice served with potato wedges	<b>Macaroni cheese</b>  Cheesy macaroni pasta	<b>Butternut squash and potato pastry slice</b>  A chunky butternut squash and potato slice with fluffy roasties and gravy	<b>Quorn hotdog</b>  Our favourite veggie hot dog served in a soft roll with potato wedges	<b>Quorn dippers</b>  Crispy Quorn nuggets served with chips
Jacket Potato	<b>Choice of beans, cheese or cheese and beans filling</b>	<b>Choice of beans, cheese or cheese and beans filling</b>	<b>Choice of beans, cheese or cheese and beans filling</b>	<b>Choice of beans, cheese or cheese and beans filling</b>	<b>Choice of beans, cheese or cheese and beans filling</b>
Vegetables	<b>Carrots and peas</b>	<b>Sweetcorn and broccoli</b>	<b>Carrots and cabbage</b>	<b>Green beans and sweetcorn</b>	<b>Baked beans and peas</b>
Desserts	<b>Oatie biscuit</b>	<b>Berry flapjack</b>	<b>Vanilla ice cream</b>	<b>Chocolate sponge cake</b>	<b>Strawberry jelly</b>