



# Cavendish Primary Menu Week 1

Reception and Key Stage 1 meals are free.

Key Stage meals costs £2.20 each

Week commencing 18/4/22, 9/5/22, 6/6/22, 27/6/22, 18/7/22, 12/9/22, 3/10/22

|               | Monday  | Tuesday  | Wednesday   | Thursday   | Friday   |
|---------------|---|--|---|--|--|
| Main          | <b>Veggie Burrito</b><br>A soft wrap filled with lightly spiced veggies and rice              | <b>Chicken Pie</b><br>A traditional chicken pie with mash potato | <b>Roast Turkey</b><br>Roast turkey with fluffy roasties and gravy                  | <b>Cottage Pie</b><br>A classic cottage pie with veg and gravy                                 | <b>Golden Fish Fingers</b><br>Crispy fish fingers with scrummy chips |
| Vegetarian    | <b>Cheese and tomato pizza</b><br>Cheesy topped pizza slice topped with sweetcorn and peppers | <b>Macaroni Cheese</b><br>Cheesy macaroni Pasta                  | <b>Sweet Potato and Chickpea Roast</b><br>A chunky sweet potato and chickpea roast. | <b>Butternut squash and tomato bake</b><br>A butternut squash and tomato bake served with rice | <b>Meat-Free Nuggets</b><br>Crispy Quorn nuggets served with chips   |
| Jacket Potato | <b>Choice of beans, cheese or cheese and beans filling</b>                                    | <b>Choice of beans, cheese or cheese and beans filling</b>       | <b>Choice of beans, cheese or cheese and beans filling</b>                          | <b>Choice of beans, cheese or cheese and beans filling</b>                                     | <b>Choice of beans, cheese or cheese and beans filling</b>           |
| Vegetables    | <b>Green beans and sweetcorn</b>  | <b>Carrots and Peas</b>  | <b>Carrots and cabbage</b>  | <b>Broccoli and sweetcorn</b>  | <b>Baked beans and peas</b>  |
| Desserts      | <b>Raspberry ripple ice cream</b>   | <b>Brownie</b>   | <b>Shortbread biscuit</b>   | <b>Lemon drizzle cake</b>  | <b>Orange sultana and carrot slice</b>                               |



# Cavendish Primary Menu

## Week 2

Reception and Key Stage 1 meals are free.  
Key Stage meals costs £2.20 each

Week commencing 25/4/22, 16/5/22, 13/6/22, 4/7/22, 29/8/22, 19/9/22, 10/10/22

|                      | Monday  | Tuesday   | Wednesday  | Thursday  | Friday   |
|----------------------|---|---|--|---|--|
| <b>Main</b>          | <b>Mild bean chilli</b><br>A tasty bean vegetable and tomato chilli served with rice                                  | <b>Pork Sausage and mash</b><br>Sausage and mash with rich gravy  | <b>Roast chicken</b><br>Succulent roast chicken with fluffy roasties and gravy                           | <b>Beef Bolognaise</b><br>A classic Italian beef bolognaise in a yummy tomato sauce | <b>Battered fish</b><br>Crispy fish fingers with scrummy chips                         |
| <b>Vegetarian</b>    | <b>Veggie supreme pizza</b><br>Cheesy tomato pizza slices topped with sweetcorn and peppers served with potato wedges | <b>Veggie Lasagne with a garlic and herb bread wedge</b><br>Delicious sheets of pasta layered with veggies and tomato sauce | <b>Creamy vegetable pie</b><br>served with a cheesy shortcrust topper alongside roast potatoes and gravy | <b>Mild chickpea and potato curry</b><br>Served with wholemeal rice                 | <b>Tomato veggie burger</b><br>A scrummy tomato veggie burger in a soft bap with chips |
| <b>Jacket Potato</b> | <b>Choice of beans, cheese or cheese and beans filling</b>  | <b>Choice of beans, cheese or cheese and beans filling</b>  | <b>Choice of beans, cheese or cheese and beans filling</b>   | <b>Choice of beans, cheese or cheese and beans filling</b>                          | <b>Choice of beans, cheese or cheese and beans filling</b>                             |
| <b>Vegetables</b>    | <b>Carrots and peas</b>   | <b>Sweetcorn and cabbage</b>  | <b>Carrots and cabbage</b>   | <b>Green beans and sweetcorn</b>  | <b>Baked beans and peas</b>  |
| <b>Desserts</b>      | <b>Flapjack</b>   | <b>Peach shortbread pudding</b>   | <b>Raspberry ripple ice cream</b>  | <b>Carrot cake with citrus frosting</b>   | <b>Chocolate shortbread</b>  |



# Cavendish Primary Menu

## Week 3

Reception and Key Stage 1 meals are free.

Key Stage meals costs £2.20 each

Week commencing 2/5/22, 23/5/22, 20/6/22, 11/7/22, 5/9/22, 26/9/22, 17/10/22

|               | Monday   | Tuesday   | Wednesday  | Thursday   | Friday   |
|---------------|--|---|--|--|--|
| Main          | <b>Veggie pasta bolognaise</b><br>Penne pasta in a yummy tomato sauce                        | <b>Sweet and Sour Chicken</b><br>A tasty sweet and sour dish served with rice | <b>Roast gammon</b><br>Tender roast gammon with fluffy roasties and gravy  | <b>Beef Burrito</b><br>A soft wrap filled with fresh beef and rice                           | <b>Golden fish fingers</b><br>Crispy fish fingers with scrummy chips |
| Vegetarian    | <b>Cheese and tomato pizza</b><br>Cheesy tomato topped pizza slice served with potato wedges | <b>Macaroni cheese</b><br>Cheesy macaroni pasta                               | <b>Butternut squash and potato pastry slice</b><br>A chunky butternut squash and potato slice with fluffy roasties and gravy | <b>Quorn hotdog</b><br>Our favourite veggie hot dog served in a soft roll with potato wedges | <b>Quorn dippers</b><br>Crispy Quorn nuggets served with chips       |
| Jacket Potato | <b>Choice of beans, cheese or cheese and beans filling</b>                                   | <b>Choice of beans, cheese or cheese and beans filling</b>                    | <b>Choice of beans, cheese or cheese and beans filling</b>   | <b>Choice of beans, cheese or cheese and beans filling</b>                                   | <b>Choice of beans, cheese or cheese and beans filling</b>           |
| Vegetables    | <b>Carrots and peas</b>  | <b>Sweetcorn and broccoli</b>   | <b>Carrots and cabbage</b>   | <b>Green beans and sweetcorn</b>   | <b>Baked beans and peas</b>  |
| Desserts      | <b>Oatie biscuit</b>   | <b>Berry flapjack</b>   | <b>Vanilla ice cream</b>   | <b>Chocolate sponge cake</b>   | <b>Strawberry jelly</b>  |