

Steps to Progress
Evening
Year 11 2019-20

How we will be supporting pupils in Year 11

- Timetabled Extended Learning during Period 6 for those pupils who need additional support from January
- Support sessions during tutor time for key subjects
- Revision sessions during Easter Holiday and May Half Term
- Personalised timetables during the exam season

Key Dates for Year 11

- Mock Exams Week beginning 14th October 2019
- Subject Evening 12th December 2019
- Pre-public Exams from 23rd January
- GCSE Exam season from 11th May although in practical subjects exams occur earlier
- Official School Leaving Date - June 2020

Celebrating Success

- Graduation Ceremony
 - Marking moving on from Cavendish
- The Prom- Friday 3rd July 2020
 - Invitations linked to the Prom Passport (launched in January) and meeting key standards related to:
 - Attendance- 96% and above unless there are extenuating circumstances
 - Punctuality
 - Good Behaviour
 - Attendance to Extended Learning and revision sessions

How can you support your child

- Communication
 - If you have any concerns please contact the school as soon as possible
- Support good attendance and punctuality
 - Attendance should be at least 96%
- Encourage good study habits at home
 - Quiet working spaces
 - Revision timetables- do this together
 - No electronic devices at night

Well-being and Mental Health

[https://www.cavendishschool.net/information/
wellbeing-e-safety/](https://www.cavendishschool.net/information/wellbeing-e-safety/)

Wellbeing & Internet Safety

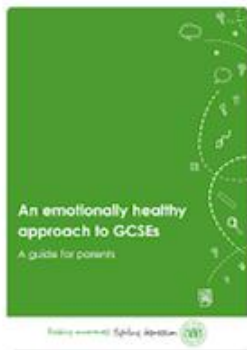
At our school, we aim to promote positive mental health and safe online environment for every member of our staff and pupil body.

Internet Safety

Being confident and secure about your child's online usage is a concern for all parents. In order to help and support you with this please access these websites. They are full of useful information that you as parents can use to support you when working with your child to use the internet safely and securely.

- www.childnet.com/parents-and-carers
- www.internetmatters.org
- [Online Safety Handout](#)
- [Online Safety Zone by Smoothwall](#)
- [East Sussex e-motion Counselling](#)

Mental Health and Wellbeing



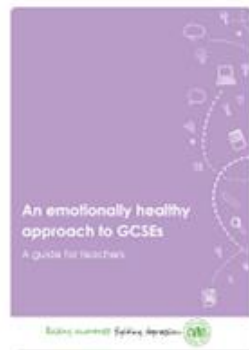
An emotionally healt...



Depression - fancy a...



Depression warning ...



Look after your self ...



Look after yourself d...



Parents guide to de...



Parents guide to de...



Self Care

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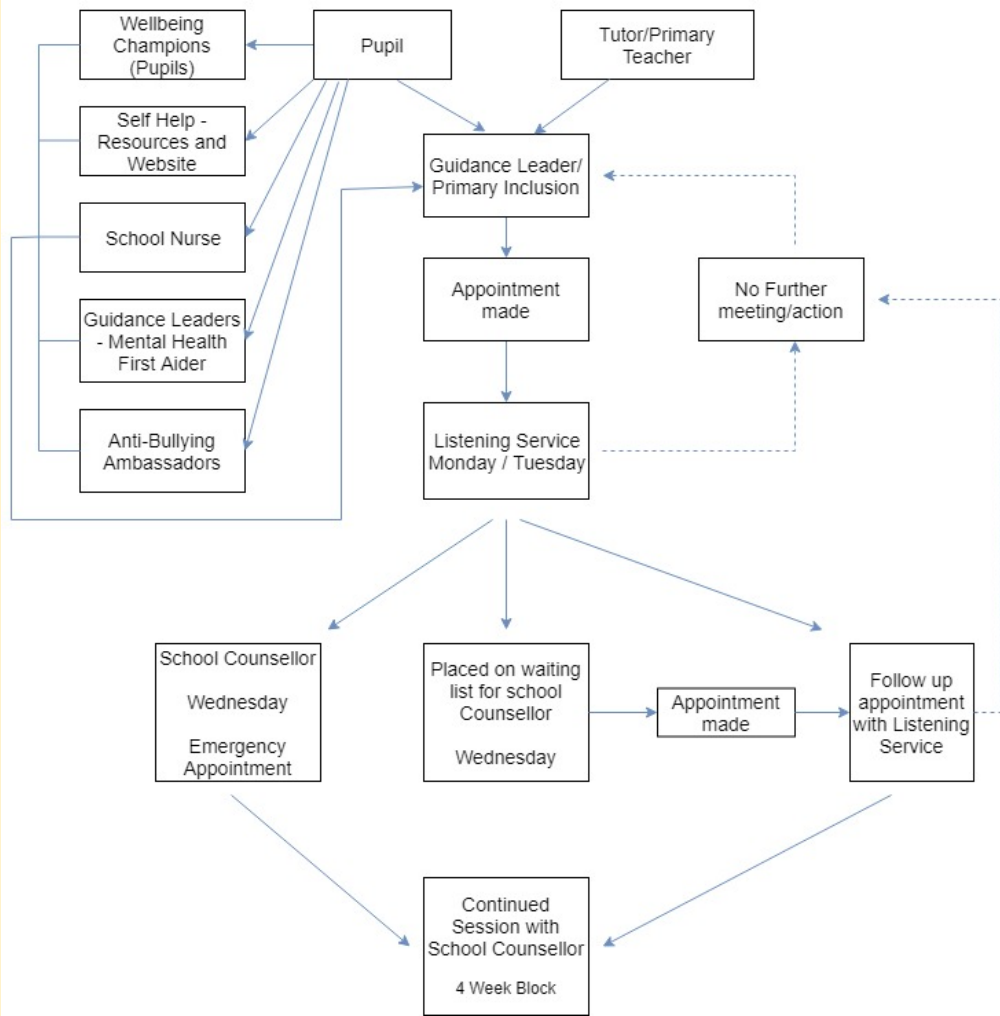


Parents guide to de...



Self Care

Mental Health Support at Cavendish School



A guide to success

Key Staff

Mrs N. Catterick – Progress Leader

Mrs N. Jarvis – Guidance Leader

Your child's form tutor

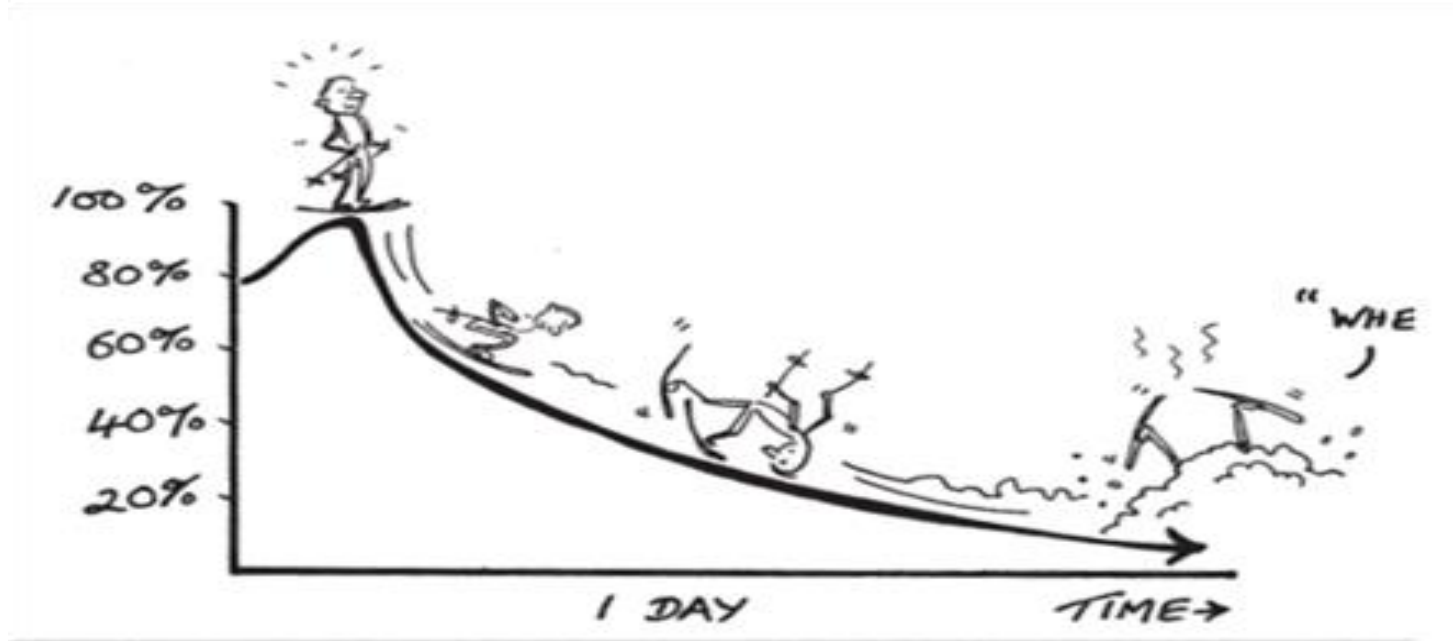
Equipping Pupils for Year 11

- Intrinsic Motivation (Steve Sallis)
- Revision Planners (Internal)
- Managing Anxiety (external and internal)

Good exam results – What is the secret?

- STAGE 1: Learning the content first time around
- STAGE 2: Consolidation
- STAGE 3: Revision
- STAGE 4: The exam itself

Study Skills



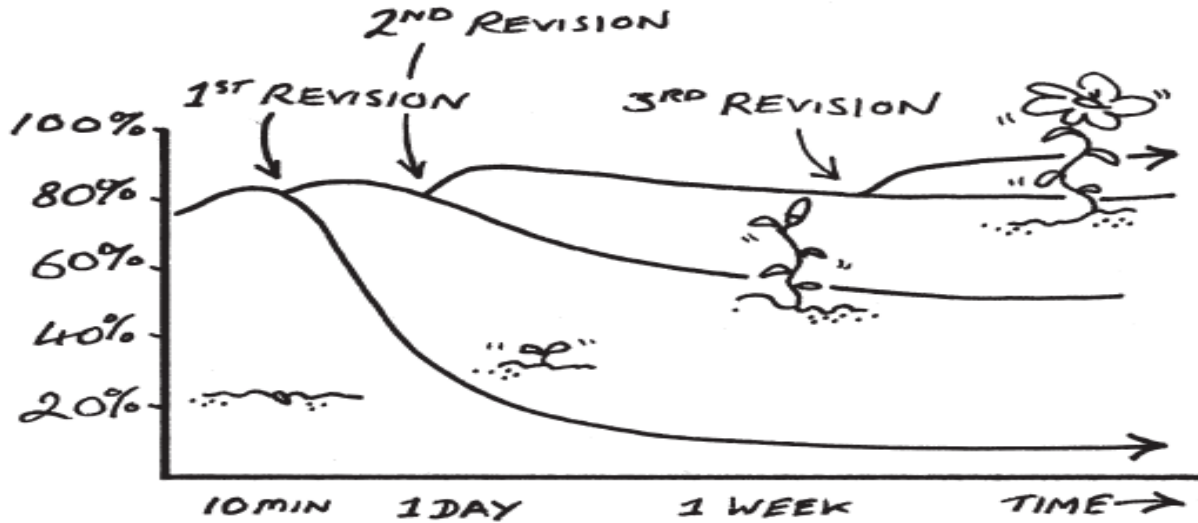
'You haven't learnt anything until you have memorised it'.

Learning the content the first time round

- Attendance/punctuality to lessons
- Being equipped for lessons
- Having a positive frame of mind for the subject.

Steps 2 and 3


Consolidation and Revision



Consolidation

- Completing all homework.
- Accessing all intervention sessions/catch up sessions.
- Ensuring they attend their Extended Learning (Period 6).

Revision

- Useful resources:
 - Seneca Learning
 - GCSEPod 
- Revision Plan

Nov	a.m	p.m	Evening	Support available/TV etc
Sat 1 st	Weekend away			
Sun 2 nd	Weekend away			
Mon 3 rd	School	School	Revision	
Tues 4 th	School	School	Revision	
Weds 5 th	School	School	Revision	
Thurs 6 th	School	School	Evening off	
Fri 7 th	School	School	Working	
Sat 8 th	Day off			
Sun 9 th	Revision	Time off	Revision	

The Exam Itself

- Knowing the subject matter
- Organisational skills
- Exam technique

Life Beyond Cavendish

Katy Moore

Careers and Aspirations Leader

This evening: Why?

"Without qualifications you're going nowhere. If there are no qualifications on your application form, you won't get an interview."

Alan Sugar

On a previous series of 'The Apprentice'

Future employers want to see what you can bring to a job role – do you have the right credentials?

Aiming high

- We want our pupils to have a life full of purpose, contributing to society in a meaningful way.
- We want them to have rewarding careers
- We want them to be aware that all the skills they need to have a great life lie within them already – resilience, optimism, work ethic, ambition, sense of humour etc
- Here at Cavendish we want pupils to develop an awareness of all the opportunities that are available to them.

Employability Skills

Your qualifications will get you to the door but employability skills will get you through it.

How will you sell yourself?

What are employers / colleges looking for?

Communication & Interpersonal skills, Problem solving, Using your Initiative, Working under Pressure Organisational skills, Team work, Numeracy, Negotiation Skills

Are you part of a sports or Science club? A drama or music club? Are you a cadet? Did you take part in Duke of Edinburgh? There are so many ways you can show employability skills by talking about these things.

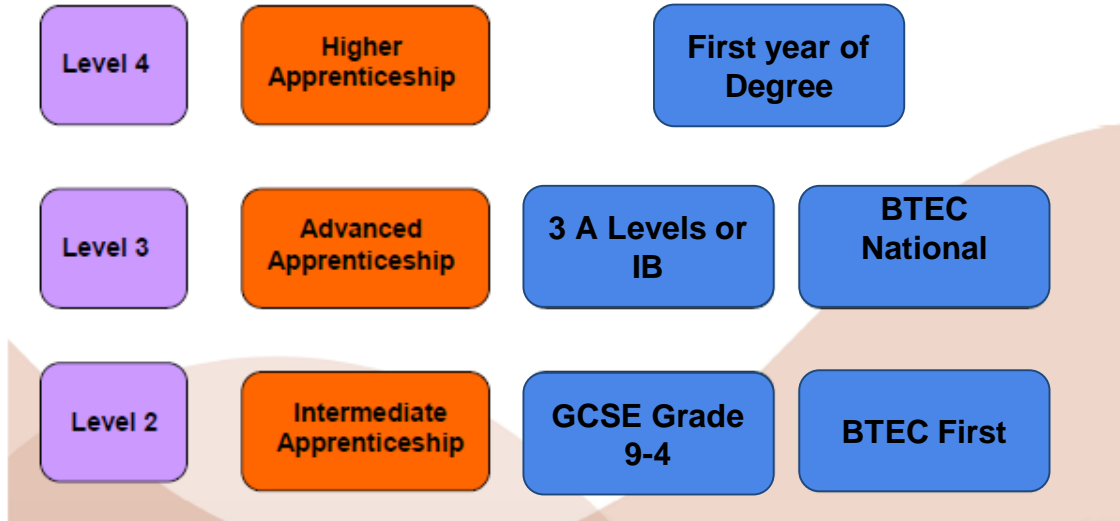
MATHS & ENGLISH

Grade 5 (Strong Pass) is becoming more and more the focus and many pupils should be aiming for Grades 7, 8 & 9

A minimum of Grade 4 (Standard Pass) or higher to enter Level 3 qualifications (A Levels, BTEC Nationals) as a minimum grade

Anyone who doesn't get a Grade 4 in either English or Maths will be expected to re-take until they pass

What the levels mean



This website has a lot of information on:

<https://www.c360.org.uk/>

Post-16 Education Provision

Post-16 provision is varied and exciting in our area with a full range of opportunities in:

- Academic
- Vocational
- Creative
- Employment with training (Apprenticeship)

All provided in a variety of diverse settings

How should you plan?

CAREER GOAL

DO YOU NEED TO GO TO UNIVERSITY OR CAN YOU DO AN APPRENTICESHIP?

WHAT UNIVERSITIES OFFER THE RIGHT COURSES / WHAT COMPANIES OFFER THE RIGHT PROVISION?

WHAT COLLEGE COURSES ARE IMPORTANT FOR YOUR COURSE / CAN YOU START THE APPRENTICESHIP AT 16?

WHAT GCSE GRADES DO YOU NEED?
(Some Universities look at GCSE grades)

If you go to College

- Courses are available at Levels 1,2,3 and 4.
- Pupils successfully completing a Level 1 or 2 course may choose to move on to the next level. However, pupils can choose to take a sideways step onto a similar level course in order to develop further job skills.
- Pupils on Level 3 courses would need to complete two years to get the whole qualification, and may not achieve anything if they leave before hand.

If you choose an Apprenticeship!

- You will need to find this yourself (College and independent training providers can support with this)
- A job with accredited training – you will need to apply like you would with a normal job.
- All frameworks include technical certificate and may include functional skills
- Usually delivered by a training provider, sometimes by the employer (who would be an approved provider)
- Lasting between one and four years
- Available from levels 2-4
- Many large employers are now offering sponsored degrees within their apprenticeship schemes.
- Some are available from age 16 +

Ways we are helping at Cavendish

- Careers Education in tutor time.
- Form tutors giving time in the morning for pupils to find information on eprospectus – This should be nearly completed.
- Pupils have been writing CVs and personal statements in tutor time and working through the online application.
- Assemblies from various providers
- We have a mock interview day on the 29th November
- Up to date resources are constantly being passed through for tutor time activities
- We have invested in Career Investigator
- External speakers and colleges are booked in to come and give careers, options and college advice, many are here tonight!
- Pupils can request a careers interview

Post 16 providers here tonight

- FE Providers and Colleges
- Apprenticeships in Sussex
 - MPCT
 - NCS
 - The Army

What to ask?

- Do they offer the right courses at the right levels
- How many lessons do you receive per subject / how long are they?
- Do they track attendance? Do they have a tutor?

GRADES:

- What grades are needed for their chosen course?
- Does your son / daughter actually know how many GCSEs they are predicted to get?

Ask if you need support.

**We are all here to help you get what you
need to go on and be successful.**

Go out there and be amazing!